

The term Trans* used on this sheet refers to all individuals who identify under the umbrella term Trans, including non-binary, genderfluid, genderqueer, agender, and any other identities.

1. What kind of pro bono or sliding scale services do you offer to ensure queer youth have access to mental health care?

2. Do you offer pro-bono sessions for transgender clients seeking letters required to access gender affirming medical care? If you are a signatory of the GALAP* pledge, please specify that in your answer.

*GALAP stands for the Gender Affirming Letter Access Project, a group of providers who make a public commitment to making letters, when required by medical systems who adhere to the WPATH Standards of Care, accessible and free. You can learn more and sign the pledge at <https://thegalap.org/>.

3. Can you provide any examples of gender affirming practices you employ in your work with clients?

5. Please list any training and experience you have working with Trans* clients.

6. Many Trans* individuals are placed in a position in which they are required to educate their providers on their own identities. What resources do you/your practice have available for provider education to ensure clients are not placed in this position?

7. What is your/your practice's position on the mental health impact of navigating bias, discrimination and systems of oppression on a member of a marginalized community (such as the LGBTQIA+ community)?

8. Do you feel confident in addressing mistakes regarding a client's identity (i.e., using the wrong pronoun, microaggression***define and provide verb) and proceeding in a manner that centers a client's needs?

9. What anti-racist policies and practices have you/your practice incorporated into your treatment?

10. How do you define intersectionality and how do you plan to utilize an intersectional lens in my treatment?

11. Please check the corresponding box for each of the statements that are true about your practice

- Gender Neutral Bathroom
- Signage lets bathroom users know that people can use the bathroom that best aligns with their gender (and others should not police bathroom choice)
- Intake forms provide a space in which clients can state their chosen name and pronouns
- Intake forms include gender/sex options in addition to female/male; include a blank line for self-identification; or do not ask for gender/sex at all
- Include gender-neutral honorifics (e.g. Mx. In addition to Mr., Ms.)
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